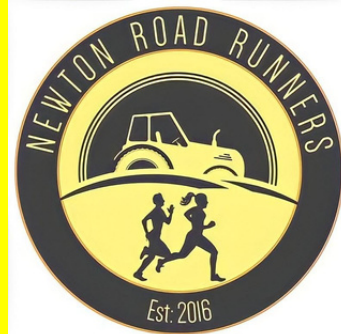


Newton Road Runners Newsletter



Welcome....

to the Newton Road Runners newsletter - it's been a busy few months for the club. Numbers are growing as we welcome new members, numerous races and pbs have been ran and we celebrated all our achievements with our annual awards night. Please do share your stories and successes with us, we love to champion all our members,

Bothwell Scarecrow

We're delighted to be part of the Bothwell Scarecrow Festival road race again this year. It will be held on Sunday 27th August and will have both 5K and 10K races. We'd love to see as many NRR's running on the day as possible, and if you can't run we'll be looking for marshalls to help on the day too.



Marathon Mania

Newton Road Runners was well represented for the spring marathons this year. Pete Alexander travelled the furthest to Tokyo in March and Jenna McCallion completed the Rome marathon. Beth Shearer and Callum Ferguson ran in Boston Marathon, with Beth securing a Championship time, they also got engaged a while away - double celebration! Then it was back to the UK to Manchester, Jenna's turn again and she was joined by David Murray, Natalie Hunter, Jonny Mellin, and Fiona McCall. Then onto a rainy London which saw Joanne Thorburn, Joanna Wallace, Angela McLaughlin, Craig Lawton and Ross Liddell compete in the marathon there, while Ben Watson took part in the virtual race. Finally, Edinburgh at the end of May in hot conditions we had Ryan Miller, John Kelly, Fiona Thomson, Kieran Mark, Corey Craig, Martin Vernon, Claire Hurley, Charlotte Paton and Ben Watson. The club is so proud of these fantastic achievements, looking forward to the Autumn marathons already!

Dates for your diary

- 18th June - Mens & Womens Glasgow 10K
- 24th June - Calderglen Harriers 10K Trail Race
- 14th - 16th July - Run the Blades
- 12th August - Devil o' the Highlands Ultra
- 20th August - Paisley 10K

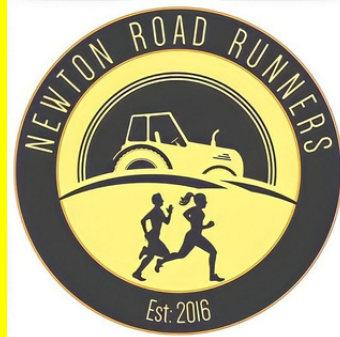
Committee

President - Joanne Thorburn
 Vice President - Joanna Wallace
 Secretary - Beth Shearer
 Treasurer - Jonathan Crowther
 Social Media - Craig Lawton
 Head Coach - Jacqueline Wyllie
 Welfare Officer - Liz Holmes
 Events - Alastair Drummond
 Cross Country - Peter Alexander

Please speak to the relevant member of the committee if you wish to discuss anything.

Congratulations to Jess Hardy and Thomas Stewart who both completed their 50th Parkruns recently and Alastair Drummond and Kenny Dalgleish who reached the big 100! Amazing running from you all!

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Club Handicap

The Club Handicap race took place on Saturday 4th February at Shawfield.

This was the club's first handicap race and we were delighted with how many of you came to run. The 5k course was a flat, fast route and lots of PBs were achieved. More importantly however was the buzz and atmosphere, it really was a great morning. Prizes went to:

- 1st - Sheena McCallum
- 2nd - Cheryl Ferguson
- 3rd - Kym Taylor

Fastest male and female, Stephen Dodds and Joanna Wallace. Big thanks to Pete, Callum, Beth and Simon for organising the event.

Record for half

A record 19 NRR's completed Edinburgh half marathon this year. For many it was their first half marathon and what an effort from you all, especially with the early start and warm weather! Congratulations and hopefully it has made you eager for more. Great to see so many of you staying on to support the marathoners too.

Awards Night



The high of the club handicap race spilled into the evening for our annual Awards Night.

The night was a great success and we were delighted to give out awards to some worthy members. The awards are given to members whom the committee feel have shown commitment to the club, performed particularly well at races or just generally shone over the last year. Awards were given to Jennifer McMahon, Charlotte Paton, Karen Edgar, Sheena McCallum, David Young, Thomas Stewart, David Ledgerwood and Callum Ferguson. The Cat Gaskill Memorial Award, which is voted for by all of you, went to Ben Watson.

Ben Steps Up

We're delighted to welcome Ben Watson to the NRR coaching team. He'll bring positivity and encouragement, especially when it comes to signing up to races! Ben says

"Becoming a coach at Newton Road Runners is an honour and a privilege. Since joining the club in 2021 the coaches and members have played such an influential part in my own running journey, encouraging me to take on challenges I never thought possible. I'm hoping to inspire and support others now with a little bit of "...if he can do it, I can definitely do it..." Welcome aboard Ben!

Sadly, Adam Wicklow is stepping down as coach. We'd all like to say a huge thank you to Adam for all his time and effort as a coach.



Ben Watson, winner of the Cat Gaskill Memorial Award and new NRR Coach